



Privacy Policy

Contact details

Name: Nina Pavitt

E-mail: nina@ninapavittcounselling.com

The type of personal information we collect.

We currently collect and process the following information:

- Name and contact details.
- Occasional medical details (given at your discretion)
- Emergency contact name and contact details

How we get the personal information and why we have it

Most of the personal information we process is provided to us directly by you for one of the following reasons:

- To contact you
- To carry out therapy sessions

We use the information that you have given us in order to:

- contact you
- carry out therapy sessions
- make referrals, where appropriate
- comply with insurance requirements.
- maintain a clinical will (this is in case of emergencies where a third party, agreed with you, will contact you where I cannot)

We may share this information with a clinical supervisor.

Under the UK General Data Protection Regulation (UK GDPR), the lawful bases we rely on for processing this information are:

(a) Your consent. You are able to remove your consent at any time. You can do this by contacting nina@ninapavittcounselling.com

(b) We have a contractual obligation.

(c) We have a legal obligation.

(d) We have a vital interest.

(e) We need it to perform a public task.

(f) We have a legitimate interest.

How we store your personal information

Your information is securely stored.

We keep your name, contact details, email correspondence and clinical notes for seven years. We will then dispose your information by deleting from the cloud and any devices.

Your data protection rights

Under data protection law, you have rights including:

Your right of access - You have the right to ask us for copies of your personal information.

Your right to rectification - You have the right to ask us to rectify personal information you think is inaccurate. You also have the right to ask us to complete information you think is incomplete.

Your right to erasure - You have the right to ask us to erase your personal information in certain circumstances.

Your right to restriction of processing - You have the right to ask us to restrict the processing of your personal information in certain circumstances.

Your right to object to processing - You have the the right to object to the processing of your personal information in certain circumstances.

Your right to data portability - You have the right to ask that we transfer the personal information you gave us to another organisation, or to you, in certain circumstances.

You are not required to pay any charge for exercising your rights. If you make a request, we have one month to respond to you.

Please contact us at nina@ninapavittcounseling.com if you wish to make a request.

How to complain

If you have any concerns about our use of your personal information, you can make a complaint to us at nina@ninapavittcounseling.com

You can also complain to the ICO if you are unhappy with how we have used your data.

The ICO's address:

Information Commissioner's Office
Wycliffe House
Water Lane

Wilmslow
Cheshire
SK9 5AF

Helpline number: 0303 123 1113

ICO website: <https://www.ico.org.uk>